

Erasmus MC Foundation

Erasmus



Sportblessures

SPORTHOPAEDIE

CONGRES

2024



12 februari
2024
Rotterdam Ahoy



09.00 **Registration & Coffee**

09.30 Opening & Welcome

Tom van 't Hek, host

09.35 *The importance of being a mover*

Denise Eygendaal, orthopedic surgeon Erasmus MC

09.55 *Professional Performance enhancing training*

Leigh Egger, High Performance Coach Feyenoord Rotterdam

10.15 *Ultrasound contra-indications*

Bas Maresch, radioloog Sports Valley Ede

Jacco Spermon, radioloog Sports Valley Ede

10.35 *Pain in Sports: In the mind or in the brain?*

Jo Nijs, professor Vrije Universiteit Brussel en Universiteit Gotenburg

10.55 Discussion with panel & audience

11.00 Intermission for coffee & tea

11.30 *Tendinopathy is it all overuse?*

Robert-Jan de Vos, Sportarts Erasmus MC

11.50 *The perfect Anterior Cruciate Ligament Reconstruction*

Jacco Zijl, orthopedic surgeon Orthoparc

Duncan Meuffels, orthopedic surgeon Erasmus MC

Meer informatie & registratie: www.sporthopaedie.nl

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- 12.10 *Leg muscle injuries, what do we need to know more?*
Guus Reurink, sportarts OLVG Amsterdam / AJAX
- 12.30 *Shoulder instability in contact sport, screw it!*
Arthur van Noort, orthopedic surgeon Spaarne Gasthuis en Erasmus MC
- 13.00 **Lunch Break**
- 14.00 *Emergency medicine the KNVB perspective*
Edwin Goedhart, sportarts, Bondsarts KNVB
- 14.20 *Clinical randomized clinical trials (humbug)*
David Beard, Professor of Musculoskeletal & Surgical Sciences Nuffield Dept. Of orthopaedics
- 14.40 *Chronobiologie en topsport*
Roelof Hut, Professor Chronobiologie Rijksuniversiteit Groningen
- 15.00 Discussion
- 15.30 Intermission for coffee & tea**
- 16.00 *Can you buy the best team?*
Joost van der Hoek, clubdoctor & Stijn Vandenbroucke, head medical staff Feyenoord Rotterdam
- 16.20 *On to the Paralympics Paris 2024*
Esther Vergeer, chef de mission NOC NSF
- 16.40 Interview Sport Star by Tom van 't Hek
- 17.00 Closing remarks & Drinks**